

---

# LINDSAY SORENSEN, M.S., LPC, LCDC

---

855 Texas Street • Fort Worth, Texas 76102 • (817) 714-5226 • counseling@lindsaysoresen.com

## CONSENT FOR RELEASE OF INFORMATION

I, \_\_\_\_\_, give Lindsay Sorensen with Lindsay Sorensen Counseling, PLLC, permission to release and obtain my protected treatment information to and from the following person or agency:

Name of person or agency: _____
Relation: _____ Phone number: _____
Address: _____
Email: _____

**Information may be shared via-** Circle applicable method, or circle ALL METHODS\*:

Phone    Fax    Postal service    Email    In person

*\* I understand none of these methods are totally confidential and are susceptible to breaches in confidentiality.*

**Information to be obtained and released-** Circle applicable, or circle FULL CONSENT:

Treatment plan    Discharge summary    Progress notes    Diagnosis    Billing information  
Substance use information    General wellbeing    Progress of treatment  
Other: \_\_\_\_\_

**Purpose for obtaining and releasing information-** Circle applicable:

Progress reporting    Reimbursement    Legal    Continuity of care    Other: \_\_\_\_\_

Please *initial* the following:

\_\_\_\_\_ I understand that this release is limited to what I have written above. If I would like Lindsay to release information about me to anyone else, I will need to sign another written release.

\_\_\_\_\_ I understand that Lindsay is not able to control what happens to my information once it has been released to the recipient identified above, and that the agency or person receiving my information may be required by law or practice to share it with others.

\_\_\_\_\_ I understand that this release expires one calendar year from the date noted below.

**I understand that this release is valid when I sign it, and that I may withdraw my consent to this release in writing at any time.**



\_\_\_\_\_  
Client Signature (or Parent/Guardian if Client is a Minor)

\_\_\_\_\_  
Date